

2023

June Breakfast



SERVED WITH
1% MILK

ALL GRAINS ARE WHOLE
GRAIN RICH

- Peanuts!!

Pork*

Whey=

Corn>

Milk@

Eggs%
- Beef#

Soy\$

Wheat+

Gluten^

Fish~

Monday	Tuesday	Wednesday	Thursday	Friday
			1 Golden Graham Cereal Bar ^+ 1.9oz G Diced Peaches 1/2 cup F Milk1% @ 8oz	2 Whole Wheat Vanilla Breakfast Square ^+% 2.oz G Pineapple Tidbits 1/2 cup F Milk1% @ 8oz
5 WG Ch Chip Breakfast Bar 2.5 oz G Tangerine 1/2 cup F Milk1% @ 8oz	6 Whole Grain Cereal w/String Cheese ^+@ 1 oz G 1 oz M Diced Peaches 1/2 cup F Milk1% @ 8oz	7 WG Muffin Top^+ 1.9oz G Banana 1/2 cup F Milk1% @ 8oz	8 Pillsbury Cinni Minis ^+@ 2.2 oz G Apple Slices 1/2 cup F Milk1% @ 8oz	9 Oatmeal Breakfast Bun ^+\$\$@ 2.6 oz G Pineapple Tidbits 1/2 cup F Milk1% @ 8oz
12 Whole Grain Bagel ^+2.2 oz G Cream Cheese @ .5oz M Applesauce 1/2 cup F Milk1% @ 8oz	13 Apple Cinnamon Mini Muffin ^+ 1.9 oz G Apple 1/2 cup F Milk1% @ 8oz	14 Trix Cereal Bar ^+ 2oz G Banana 1/2 cup F Milk1% @ 8oz	15 Golden Graham Cereal Bar ^+ 1.9oz G Diced Peaches 1/2 cup F Milk1% @ 8oz	16 Whole Grain Cereal w/String Cheese ^+@ 1 oz G 1 oz M Fruit Cocktail 1/2 cup F Milk1% @ 8oz
19 SCHOOL HOLIDAY	20 Whole Grain Cereal w/String Cheese ^+@ 1 oz G 1 oz M Diced Peaches 1/2 cup F Milk1% @ 8oz	21 WG Muffin Top^+ 1.9oz G Diced Peaches 1/2 cup F Milk1% @ 8oz	22 Pillsbury Cinni Minis ^+@ 2.2 oz G Apple Slices 1/2 cup F Milk1% @ 8oz	23 Oatmeal Breakfast Bun ^+\$\$@ 2.6 oz G Fruit Cocktail 1/2 cup F Milk1% @ 8oz
26 Whole Grain Bagel ^+2.2 oz G Cream Cheese @ .5oz M Applesauce 1/2 cup F Milk1% @ 8oz	27 WG Apple Cinnamon Mini Muffin ^+ 1.9 oz G Apple 1/2 cup F Milk1% @ 8oz	28 Trix Cereal Bar ^+ 2oz G Banana 1/2 cup F Milk1% @ 8oz	29 Golden Graham Cereal Bar ^+ 1.9oz G Diced Peaches 1/2 cup F Milk1% @ 8oz	30 Whole Wheat Vanilla Breakfast Square ^+% 2.oz G Pineapple Tidbits 1/2 cup F Milk1% @ 8oz